

Humanism



Humanists are people who believe that they can live a happy life without following a god or religion. They try to live good lives by being kind and understanding to other people.

Humanist Ways of Life

- Respect each other.
- Make good choices to be happy and support others.
- Be kind to animals and to the planet.



Humanist Beliefs

- Humanists use ethics when making decisions.
- We should find answers to our questions by thinking carefully about consequences.
- Our choices should make life better for the world around us.
- We have only one life and we should live it well.
- We make sense of the universe by using science and facts.

Did You Know...?

- Humanists have special ceremonies, just like other religions do. There are Humanist weddings, funerals and naming ceremonies.

Fun Facts

- Humanism is not a religion, it is a way of life.
- Humanists do not believe in any gods.
- Humanists do not have a holy book or a place of worship.



Glossary:

Consequence: Something that happens because of something else.

Ethics: Knowing the difference between right and wrong and having the freedom to make the right decisions.